

How Pooja Transformed Her Parenting Journey | Supermom Spotlight | Riddhi Deorah | Parenting Coach

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SUMMARY

Puja, a mother from Bangalore, shares her transformative journey in parenting through the Peaceful Parenting Hub community. Initially overwhelmed by motherhood during COVID-19, she found support and knowledge that helped her grow as a parent and individual, leading to significant personal shifts and a commitment to lifelong learning.

- *Puja experienced a chaotic start to motherhood, struggling with knowledge and support during COVID-19.*
- *Joining the Peaceful Parenting Hub community provided her with resources and a supportive network.*
- *She emphasizes the importance of lifelong learning, actively seeking out mentors and educational opportunities.*
- *Puja developed a service mindset, focusing on helping others within her community.*
- *She formed lifelong friendships with like-minded individuals, enhancing her parenting journey.*
- *Her growth included overcoming fears related to social media and becoming more active online.*
- *Puja encourages mothers to seize opportunities for learning and growth when they arise.*
- *She acknowledges the significant role of community energy in facilitating personal breakthroughs.*

welcome to another episode of super mom Spotlight and today we have with us somebody very special Puja and Puja has a beautiful Community called peaceful parenting Hub and she's a mother to a beautiful three-year-old son she's from Bangalore and today Puja is going to share with us her shift that she's experienced ever since she started learning about parenting so yes Puja tell me how does it feel to be here hi hi RI ma'am I'm so grateful uh so

grateful to be here in your call today I'm experiencing my shifts only because of you so ever since before uh I'll I'll just explore myself before EP how it just how I was before joining your community during this Co I have uh experienced my motherhood only during covid and it was like completely messy and I was very much struggling I was not in a right right mindset I was not even completely knowledgeable about parenting I was was not even having any of the

knowledge related to Parenting and I I was not even so much explored about the social media handles and everything I was not exploring anything only because of this Co things have changed I was actually working as a qat uh teacher before joining your uh Community uh it was offline sessions I used to handle all the kids I I'm am so experiencing this kids uh how they feel how how they work everything I was so connected to

this teaching passion so so ever since Co started this offline has shifted to online and I was exposed to online uh

sessions also then Co hit very hard and I was into motherhood Journey later I'm just fast forwarding the sessions I was literally in a very chios state where my mother was completely you know struggling was she was admitted uh and she was hospitalized because of her breath challenge and I it was a C

section for me I was uh traveled to my in-law's place just with for 50 days old son I was no not even aware of any of the uh you know parenting uh related activities obviously moms will be pampering every everyone around right so I was literally in a shocked State I was a stone completely later I was uh in a state after I entered my in-law's place after few days everyone got affected with covid in my in-law's place too

I literally became another Stone again and there was something in me that I wanted to do my kid obviously every mother every girl literally wants to do something to her child right so that is where after we are giving birth that kid will need us that is what we want to deliver it to them they'll all depend on only us thankfully by God's grace that kid was not moving that was the only advantage to me I decided that day I

want to to do something very great to my son by God's grace everything shifted normal after few days and I literally struggled hard I just explored all the internet resources on parenting I got exposed to many resources and I just gave right brain development education for my son and I just gave a record of international book of records for my son also that was a stubborn silence in me as a mother I did to to him that should

be a gift for him to honor because she he has just suffered like anything before later I was I wanted to do something for myself as well as a parent even we need something shift in us so as a mother I was not at all satisfied I explored many then I found you as a angel where I was looking too many things on the parenting resources there I saw you in the Instagram saying that you can do anything you can even earn

you can learn everything everything is possible around being a single girl whatever it might be as a girl or a mother you can learn and you can even earn as I said you before I was also teaching kids I was into a passion of teaching and that just connected me very hard and I wanted to explore I wanted to learn something there as a mother as well and I should be a best mother that will be the one of the greatest things

even every girl will wants to do for his her kid right so that is where I joined you your free webinar before that I'll just tell you one thing I just registered myself I just procrastinated for few days because of some of the other hurdles which was in between I don't know some day which just hit me hard right after my uh birthday October 12th I just remember the date as well I entered your webinar WOW gold membership I just took it away

right away entire session I was there I hear you everything whatever you just said everything thing was just connected me line by line line by line I even just remember the day it just went on that 10 minutes of 10 minutes challenge which you just explore uh explained everywhere 10 Slots of 10 minutes you said everything I remember every second of that uh webinar which you explained in the go uh you know gold membership even before I said to my

husband I just made a payment I never did this before even before the approval from my husband I had a GP access I just did it away because I wanted to explore myself the growth mindset in me just came out wow there is a saying right whenever the student is ready teachers just appears inside you uh in front of you that you were the angel to me in front of me God has sent me all the way

because of all the hurdles you just uh you know have been through you know you have a beautiful uh you know future for you have a child so God has sent it to me as Angel like you I just grabb that opportunity and later even before I was knowing anything in that gold membership whatever you have designed so many things you just explained but still after getting access I didn't explore many things in that few days ago

probably 7 to 10 days later you just showed your platinum showcase even I entered that I don't know what's wrong with me yes I don't know something shifted in me even I I actually made a call I had a call with you if you remember remember ma'am I just wanted to talk to you uh I don't know how this works for me because you said that this works mainly for coaches and everything like that I don't wanted to become a

coach but I wanted to be the best mother to my kid that is what uh that was for me in inside me I just spoke to you you said whatever the challenges I had I shared it with you you said that just go ahead Puja this is for you then I just even didn't ask my husband I just want to get into this community I want to experience I want to learn something there is something in me which God is showing up

I want to show up now and I took that installments I did right away the payment as well and I don't know ever then I started your experiencing you God has shown open the doors one by one one by one one by one after that uh you have beautifully created your challenges like anything it's like mesmerizing activity you know what I have become the moderate student to you I was like I I don't remember if I just studied to my exam

exams also every day I used to spend you just said only 30 minutes of your day will shift your uh motherhood Journey so I I was just honest student being a front uh you know front front seater students they say right I just sat every day I just note it down I have three to four notes I just literally filled it out like anything wow almost like all the challenges which you have shown given us I just completed

everything and I could I was able to experience myself I learned many things I was like wow what's happening in me inside all the 3 to 4 months I was like very happy I'm just learning something each and every day this is maybe this is what God all wanted me to learn I just did it like anything ever that after that uh in your calls everyday Saturday Platinum calls which you gave us the golden nuggets I just started to consume

and you literally are you wanted to build courses in US you literally pushed many of us I just remember few of us was like crazy at that time was asking questions like anything because we wanted do some we wanted to do something again you literally pushed us see you should create s templates like this you should just start it off like anything it doesn't matter you just need to ask money it's not about uh the problem it

is not about the problem in you you should start asking for the service what you're giving you should add value in that things started to unfold then ever since uh I just took your gold membership October 2022 2023 April it started we few of the members in our community in your community we started to start organizing workshops one after the other we started to show for every calls for one another I just remember that April was the month

April and the May was the month which was very hard with us we started to show up like anything encourage each others like anything we builded bonds stronger with each other I just L that Community I even have that friends within me even now we are like blooded friends we can say we we are like somewhere and started to bond like anything I just gel up with them like anything we say that these are likeminded souls which is given by God

for forever for us and I truly even now uh even there is one one person who stays abroad but still she connects with me amazing SS we have got we just exploring the community the motherhood in me the parenting style in me from the day one and today is like completely mesmerizing I could see my energy shift in myself and the way I react with my husband either my the SU and even I a even I am a person obviously even I have

frustrations around even I can vent it out sometimes because of overwhelming things which is happening around because I'm turning to be a parenting coach I'm exploring so many things but I can see myself immediately rescuing myself with all the situations very very easily two days ago even I had a big issue I just literally wented out because of obviously girls issues we will have hormonal imbalance or something times I just came out immediately after just a nap of sleep it

was all super soothing I know how to handle all the situations all thanks to you ma'am you are an amazing Angel to me thank you thank you thank you thank you so much for coming into my life I am so happy and super grateful to this even my son knows your name my husband knows your name my mom dad knows your name everybody in my family knows your name now it's been like you're my South now

thank you thank you so much Puja and yes you're like the Paka in the community everybody knows you and yes and I've been watching you you've been a Massive Action taker from day one and you've been taking action not just for yourself but you've also you know really stood up for the community you've been helping everybody and uh you know because mothers keep reaching out to me so they're like you know we connected with Puja and she really helped us and it was

so nice to connect with her so I think it's you know the shift that you're seeing is also because of this service intention the mindset that you have where you really bring people together and uh so Puja let me ask you one thing that if you had to pick three very specific ships that you saw like you almost shared everything that I was going to ask you already but you know if you had to like pinpoint that these are

three major shifts that I've seen in my personality ever since I started learning about parenting why am I asking you this question because there are a lot of mothers who still think that you know learning maybe not the most important thing that we can just raise our children uh you know naturally which also is okay but if you had to

mention that you know how has your life shifted ever since that is all what I wanted to

mention you because you're pointing out three things the first thing is only the lifelong learning skill which I've learned from you I have become lifelong learner I've started to expl explore many mentors that is what coming my way each and every day I'm valuing every Mentor in my life uh as you always say that I am even still working under six to seven mentors even I am uh I am into like 7 to 8 more than that probably I'm

having a list of mentors I'm going through all those learnings even if it is overwhelming that is fine for me I'm learning so many things because the service mindset and the teaching passion which is inside me I want to explore it that is fine if it is overwhelming that is fine if I'm juggling with the few responsibilities right now my son will grow up up my things things will settle up I will be you know somewhere else

from the day which I am struggling now will be the day which is like blooming somewhere else obviously takes time for everything even you said that I've just been into the same KY State before I'm also experiencing the same thing I even remember that ma'am you also took that gold a after offer from one of your me Mentor I am the same you know uh look alike like you I can say that the same thing which has happened to me you have

done it in the previous year the next year I got the same opportunity I can resonate so many things with you if I can say it to you and this lifelong learning learning skills is like you know rendering service to a guru is what is very much required that is the second activ uh you know point which I actually tell I am into spirituality lot I'm into Divine activity a lot I do puas even and today

I was reading Sai satar I I'm just a you know too much into Sai Baba I love Sai Baba's activities I love to read everything I read sarra every Thursdays even today actually Sunday we was supposed to read I'm reading it today even uh in uh that chapter 32 there is a saying Sai Baba said that uh majorly that even without the guru there is no learning what you're getting

with uh when there is a guru there is a structure in your learning that I was read I read in Canada actually I just connect with Canada because I'm in uh my learnings in in Canada very well if you have a guru in your life if you uh because there are four people who are wandering in the forest sa Babas was one among them all the three will just R run away even without uh you know knowing that Forest

to enter how to go and explore that Forest SA was the fourth one some uh Forest guy will just come to help him and say that uh you you can't enter and exit without Guru I mean without the direction right all the three will just neglect sa Baba is the one who wanted to enter and he offered the food that Rand random person will offer the food he's with this love even that person is not in his level still sa Baba accepts the

food and kind of love and then says that he eats it after eating he will have something Nano we say that right he will have that Enlightenment Enlightenment in him without having this teachings or the principles from the guru you cannot you cannot structurize yourself you cannot reach what your goal so this I wanted to share it

with you obviously Guru teachings principles service is all what we require in our life so that is the service mindset I have got I'm into

already that I am getting all my gurus also in the same stream of stream offline I'm so happy about this the third point which I can see is lifelong friendship and lifelong bonding with likeminded principles which we are exploring we are because of only this we are on the same what we everybody are sailing in we are structuring ourselves we are active with each and consistent and active in each and every learning we are doing now so I

I'm experiencing major shift only because of all these three things wow so I'm just going to quickly summarize so first is lifelong learning second is service mindset and the third which is very beautiful is lifelong friendship and I think that is the most beautiful thing to have and that is the most beautiful thing that I think I have been blessed with this gift of this community because I think the shift that you are experiencing or every single mother is

experiencing in this community is not just because of knowledge it's not just because of me delivering the information I think it is a lot to do with the community and the energy that we are creating together and I think that is why we are getting so many breakthroughs so many so soon and uh yes I've been watching you you've been uh doing a lot of amazing work so continue the good work that you're doing Puja and before

we close I have one last question for you that if you could give one golden message to to all the mothers out there what would that message be like kindly grab the opportunity which comes your way God is throwing some or the other uh which is God is actually opening doors in one or the other forms kindly do not push away that opportunity you always say in that uh checking in that ikay test you say that explore one test at

least for 6 months then you can move it ahead for the other uh door right I always remember because I've been a sincere student in learning your all memberships which you have given kindly do not stop yourself in learning anything definitely God has amazing uh amazing life which is given to you God has lots of gifts for you definitely learn some some or the other things never stop yourself in learning be a lifelong learner be consistent in

your actions if you want to do something God has definitely in place with some the other beautiful things in front of you please pick it up do not stop stop yourself amazing grab that opportunity amazing so I love that message it's like when the opportunity shows up just grab it do not push it away love that thank you that is where because God is giving us to learn something because you have that energy which I have learned it from

you only because you want to do something then only God is giving you that challenge you have to learn and you have to deliver it that is what I have learned in all of your sessions I'm here today because of you thank you thank you so much Puja for your beautiful energy lovely smile and for sharing everything so uh candidly and transparently I'm sure it's going to help a lot of mothers who are watching this video and uh as a mentor I've

really seen you evolve I've seen you working on yourself and I've seen you do so many other beautiful things like now you're on Instagram making reels I remember the first time we met you were like ma'am I can't shoot I don't want to be on social media but you know you overcoming your resistance putting yourself out there I think that's a big big win and I'm so so proud of you and all of you who are watching this video

and if you would like to sign up for one of my memberships I put the link for the gold and the Platinum showcase under this video feel free to click join explore learn and like Puja said when the opportunity shows up just grab it so thank you so much Puja but it was wonderful having you and I'm really waiting to see you for the offline event in November where I'm going to give you the certificate the award and everything

from the stage I'm really really looking forward to that I was the one waiting for it ma'am thank you I'm so grateful to you for all the life lessons which you are just uh giving us like all the golden Nets every single day thank you so much for coming into our lives we are just blessed we are so blessed yes likewise thank you so much Puja thank thank you so much ma'am